

Behavioral Practice on the Cutting Edge

Mark Licht, O.D., F.A.A.O.
BinocDoc@gmail.com
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Minimum Configuration:

Core2Duo Microprocessor (or Equivalent) AND 802.11 Wireless Laptop
(Note that some laptop processors' clock speeds are rated differently),
Multiple USB 2.0 and IEEE-1394 connections
MS Windows Vista Home Premium (*Not* Basic) Edition or Windows 7
3 GB RAM Broadband (Cablemodem / DSL/FIOS [Ethernet or USB]: with
HW/SW Firewall
v.92 Faxmodem for Back-up Dial-up Access/Faxing through POTS
500 GB Hard Drive – Higher if serious video work; USB 2.0 or Firewire
External Drive for Backup (Firewire less taxing on CPU resources)
Internal or External Dual-Format Double-Layer DVD +/- R/RW/RAM, or BD
19-inch Flat-Panel LCD Monitor or DVI-to-HDMI into Flat-Panel TV
802.11g WLAN for access and file transfer among desktops/laptops
Interfacing Digital Camera
USB Scanner and Inkjet/Laser Printer; or All-in-One Printer-Fax- Scanner-
Copier.
Separate Inkjet if color is needed, or consider color lasers; have recently seen a
dramatic decrease in price
Suggestion: Avoid 64-bit versions of the operating systems – too many compatibility
issues; begin to consider SSDs and Wireless Hard Drives – still expensive

Low Vision and Assistive Technology

Pocket Viewer and other models humanware.com
System Access & on U3-enabled USBthumb drive, and SAMNet
serotek.com; go to www.satogo.com; PressF8 and just listen to get an idea

Free TTY Relay nextalk.net

Neospeech has new engines and voices neospeech.com; demo on site

Vista and Windows 7 have increased accessibility options. For tutorials on how to use it:
microsoft.com/enable/training/windows7/

Free audiobooks librivox.org

Ottlite now has rechargeable full-spectrum (or close-to) DeskLamps, MagnificationLamps, and Sets of
Compact Fluorescent Vanity Bulbs for the Bathroom. Note separate sites for consumers and doctors,
and different products on each.

ottlitebettervision.com, ottlite.com

e-book Readers

Kindle (DX model has 9.7" screen, more suited to LV) amazon.com/Kindle
Nook barnesandnoble.com/nook/
Cybook Opus (5" screen) <http://www.bookeen.com/ebook/ebook-reading-device.aspx>
Comparison table of models wiki.mobileread.com/wiki/E-book_Reader_Matrix

iTalk Clock (2-inch LED; Set by voice) neutrano.com/

Magnifying Glass Pro 1.8 (Also has free version with contrast control)
workerscollection.com

Vision-Therapy-Related

Wii Fit Plus with Balance Board wiifit.com
nonags.com/freeware-miscellaneous-paddle-game_3562.html
nonags.com/freeware-aero-blasters_1065.html

3D TV [sony.net/united/3D/static/vision/message/
pages.samsung.com/us/dlp3d/](http://sony.net/united/3D/static/vision/message/pages.samsung.com/us/dlp3d/)

FinePix Real3D W1 Twin-Lens (Disparate Images) 10Megapixel (each lens) 3D Digicam
fujifilm.com/products/3d/camera/finepix_real3dw1

Math Cards and Dice, and Downloads of learning games and activities that may be helpful in VT
otazoi.com

More Web-sources for Optical illusions

moillusions.com
newopticalillusions.com/
yorku.ca/eye/funthing.htm
kids.niehs.nih.gov/illusion/illusions.htm
youtube.com/watch?v=AuLjzB_pfgE&feature=player_embedded

FreeTachistoscope: slu.edu/colleges/AS/languages/classical/ram/ram.html

NY Online Access to Health Website for Information on Ocular and Visual
noah-health.org/en/eye/

Practice Management

Google Voice services.google.com/fb/forms/googlevoiceinvite/

Free Web-hosting and do-it-yourself web sites 000webhost.com, webdesign.coolstart.nl/

DriveImage XML V2.13 (Backup; Private Edition Free) runtime.org/driveimage-xml.htm

OmniPage 17, Dragon Naturally Speaking 10 (and MobileApps for Phone), PaperPort 12, PDF
Converter 6 nuance.com

VLC Media Player v 1.0.3 (Plays almost all media formats without add-ons; Free)
http://download.cnet.com/VLC-Media-Player/3000-13632_4-10267151.html?tag=mncol

Office Design, CAD, and Tutorials:

Design Workshop Lite (Free) artifice.com/free/dw_lite.html
SmartDraw smartdraw.com

25GB Online Storage skydrive.live.com
Dropbox (Back-up and auto-synchronization among devices - 2GB Free; Paid up to 100GB)
dropbox.com

Returnil Virtual System 2010 Home Lux returnilvirtualsystem.com

Diskeeper 2010 has *Preventive Defragmentation* diskeeper.com

CopyTrans4, iCloner, iLibs copytrans.net

SSDs (Solid-State Drives) using DRAM or Flash Memory: Compared to Standard Hard Drives, usually faster and quieter (and if flash, no power source), but still Expensive

Imation Pro WX (1.5 TB) Wireless USB Hard Drive

imation.com/en-us/Imation-Products/Hard-Disk-Drives/External-Hard-Drives/Imation-Pro-WX-Wireless-USB-Hard-Drive/

Roomba/Scooba (New models) for automatic office cleaning store.irobot.com

Cinemin Swivel and Swap microprojectors wowwee.com

Nikon camera w/ projector built in: Nikon Coolpix S1000pj nikonusa.com

Tabletop Clock WiFi Internet/Radio acoustic-research.com

BestPractice v1.03 (Audio time-stretching tool for Windows – Free)
xs4all.nl/~mp2004/bp/

Clocky (Alarm Clock; jumps off nightstand during snooze, hiding under furniture before sounding again) uncommongoods.com/item/item.jsp?itemId=15888

New Emergency Wind-up Radios/Internet Radios ccrane.com

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